



# UP/IN/OUT DISCIPLESHIP

Jesus had three great loves in which he invested his time, effort and energy. He was deeply connected to his Father (UP). He was constantly investing in those his Father had given him to disciple and to be his spiritual family (IN). He entered into the brokenness of the world with good news and asked for a response individually and communally (OUT).

## UP DISCIPLESHIP QUESTIONS

- In thinking about the 1st Commandment, where's my intimacy with God right now? (*Matthew 22:37-40, Deuteronomy 6:5, Luke 10:25-28*)
- How am I intentionally spending time in the Word? Making space for prayer? (*Mark 6:46, Luke 22:41, Luke 6:12*)
- Am I experiencing God's Word as living and active or distant and dull? (*Hebrews 4:12, 2nd Timothy 3:16-17, Jeremiah 23:29*)
- Do I notice myself regularly burdened for others during my time of prayer and responding? (*Romans 8:26, Galatians 6:2, Ephesians 1:15-17*)
- Am I noticing God's strength and power more and more in my life? (*Colossians 1:29, Ephesians 5:18, 1 Timothy 1:12*)
- Am I intentionally choosing to rest? (*Mark 6:30-32, Exodus 31:15, Hebrews 4:9-10*)
- Am I experiencing life to the full? (*John 15:10-11, John 10:10, John 16:24*)
- Are there places where fear is ruling me? (*1 John 4:18, Romans 8:15, 2 Timothy 1:7*)
- Am I anxious about anything? (*Philippians 4:5-7, Matthew 6:25-34, 1 Peter 5:6-7*)
- Am I keeping in step with the Spirit and obedient to his promptings? (*Galatians 5:25, John 15:4, John 5:19*)

## IN DISCIPLESHIP QUESTIONS

- Am I keeping the 2nd Commandment by truly loving the people in my spiritual family? (*Matthew 22:37-40, 1 John 3:16-18, John 15:12-13*)
- Is there any friction in the relationships with my friends right now? (*Matthew 18:15, Luke 17:3-4, Matthew 6:14-15*)
- Is my family at peace? (*1 Corinthians 12:22-26, Ephesians 4:1-3, Deuteronomy 6:4-9*)
- Am I experiencing close relationships/intimacy with at least a few fellow believers where I'm transparent? (*Ephesians 5:19-21, Colossians 3:16, Proverbs 27:17*)
- Do I keep my word? (*Colossians 3:9, Ephesians 4:25, Zechariah 8:16*)
- Am I finding it difficult to trust people? (*John 17:20-21, Hebrews 12:14-15, 1 Corinthians 13:1-3*)
- Who am I intentionally discipling right now? (*Matthew 28:18-20, 1 Corinthians 4:14-17, Philippians 4:9*)
- Do I open my home and welcome people in? (*1 Peter 4:8-9, Hebrews 13:2, Matthew 25:35*)

## OUT DISCIPLESHIP QUESTIONS

- Do I open my home and welcome people in? (*1 Peter 4:8-9, Hebrews 13:2, Matthew 25:35*)
- Is it my heart's desire that all who are lost would come to know Jesus? (*Romans 10:1, 2 Peter 3:9, 1 Timothy 2:3-4*)
- Do I boldly share my Grace Story? (*Romans 10:14-15, 1 Peter 3:15, 2 Timothy 4:2, Mark 16:15*)
- Do I intentionally have relationships with and spend time with unbelievers? (*Mark 2:17, 1 Peter 2:12, Matthew 5:14-16*)
- Am I keeping the 2nd Commandment by truly engaging with and loving people I've been shaped to dislike or who have become my enemy? (*Luke 10:25-37, Matthew 5:43-48, Romans 12:20-21*)
- Do I know what specific good work the Spirit is sending me to walk in during this season of time? (*Ephesians 2:10, Acts 16:6-10, Colossians 1:10*)
- Do I regularly and boldly pray for God's supernatural activity in the lives of people around me? (*John 14:12-14, 1 Tim. 2:1, Philippians 4:6-7*)
- Am I dying to 'success' as this world has defined it? (*Philippians 4:12-13, Philippians 3:7-8, Hebrews 11:24-26*)
- Am I proud or ashamed of the Gospel? (*Romans 1:16-17, 1 Corinthians 1:18*) Do I have the heart of a servant? (*Philippians 2:4-8, Matthew 20:25-28, 1 Corinthians 9:19*)
- Do I intentionally engage with and care for vulnerable people? (*James 1:27, Isaiah 1:17, Luke 10:25-37*)
- Do I find it easy to recognize Persons of Peace and engage with them? (*Luke 10:1-9, Acts 8:26-36, Matthew 10:5-14*)
- Am I generous with my finances? (*Deuteronomy 15:10-11, Proverbs 28:27, 2 Corinthians 9:7*)